



# Brooke PE & Sport

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So what's been happening?

The annual area athletics championships at Corby had a commonwealth games flavour to it this year as we represented South Africa. Our Forms IV-VI athletes were superb, showing confidence, as well as hard work and resilience throughout the day. Events included sprint, middle distance and relay on the track, along with the howler throw and long jump as the field events. We finished second place overall in the small schools competition, a brilliant result and just reward for the commitment and teamwork on show.

Our annual Sports Days were a perfect end to the athletics season and gave the children the chance to show off everything they have been working on during their PE lessons this term. The Pre-Prep children were made to wait an extra few days for their moment to shine due to the weather, but it was worth it as they embraced the day with energy and excitement. For our Nursery, Pre-School, Kindergarten and Form I children the afternoon was in the form of various track events, including hurdles, bean bag, hobby horse and pick up a teddy bear races. For our Form II children it provided a nice opportunity to give them a taste of what is to come in Prep Sports Days, as they took part in three field events, as well as middle distance and sprint races.

Our Prep Sports Day included a 'super six' format, where the children competed in six events in a small group of classmates. The day was a house competition, with the children scoring points for Eagles or Ospreys with every run, jump or throw that they took part in. The Brooke Priory value of teamwork was in abundance as the inter house relays rounded off the day, providing everyone with a lot of excitement. This was a nice spectacle to end the day of competition. Despite Eagles dominating the relays, the Ospreys secured a deserved victory overall.



Pre-Prep Sports Day



Prep Sports Day

Leadership has played a significant role in our Form VI programme this year, with Mr Flint delivering weekly lessons that have aimed to cultivate these important life skills amongst our oldest children. This has involved planning and delivering sports sessions to the younger children, as well as tips on public speaking, interview skills, presentation skills and speech writing.

Form VI have also had the opportunity to work towards a tiered leadership award through volunteering, particularly here at Brooke Priory through supporting teachers with Pre-Prep after school clubs. We recently awarded bronze, silver and gold certificates to a number of children, for amassing numerous hours of voluntary sports leadership. This is all valuable experience that will have benefitted them immeasurably.

Wishing everyone a restful break and a big thank you for all your support with PE and sport over the past twelve months. If you're able to enroll your child into one or two local summer camps then this is a great opportunity for them to stay involved in sport and continue their development. However, it is also important for them to have some 'R&R' throughout their break too, ensuring they come back enthused and refreshed in September. Our games staff are aiming to run some pre-season hockey and rugby for Prep children at the end of August so I will be in touch about this in due course. Have a lovely summer.



Best Wishes, Mr Smith - Head of Sport